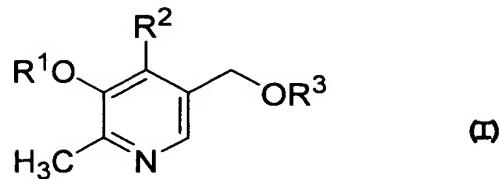


ABSTRACT

A compound represented by the following general formula (I) or a salt thereof:



wherein R¹ represents a glycosyl group, a phosphate group, or a cyclic phosphate group bound to R²; R² represents -CH₂OH, -CHO, -CH₂NH₂, -CH₂amino acid residue, or -CH₂-OPO₂H; and R³ represents hydrogen atom, or -PO₃H₂, and a composition for cosmetics, medicaments, foodstuffs, and/or feeds containing the aforementioned compound or a salt thereof.